

October 1,09

Halloween History

The origins of Halloween are thought to go back to Druids. Druidism was the religion of the Celtic people who lived in Northern France and the British Isles. With the advance of the Roman Empire and the resulting spread of Christianity, the Celts and Druidism receded into history, but some of their traditions lived on. One of the events the Druids celebrated was Samhain festival on the last day of October.

Samhain marked the end of the growing and harvest seasons and the beginning of winter and the new year. Also during this event, the Druids appeased the Lord of Death. It was believed that he allowed the spirits of those who had died that year to return to the earth for a few hours to visit with their families. Great bonfires were lit on hilltops to honor the Sun God and to frighten away evil spirits as it was thought that ghosts and witches fear fire. For many days before lighting the bonfires, children went begging for materials for the fires.

In the eighth century, Pope Gregory III designated November 1 as All Saints' Day or All Hallows' Day. By the Middle Ages, October 31 was known as All Hallows' E'en (e'en representing the shortening of evening). Halloween was not really celebrated in America until many Irish Catholics immigrated around 1848.

Traditions

Trick or Treat : This tradition dates back to when Druid children went door-to-door begging for materials for bonfires. Trick refers to belief that ghosts and witches played tricks on people on the night of Samhain.



Costumes: The custom of wearing costumes may date back to the Celtic people dressing up for a parade to lead the visiting ghosts out of town.

Jack-O'-lantern: There is a belief that the Celtic people hallowed out vegetables to place a lit candle inside to scare spooks away. There also is a legend of an Irishman named Jack who lured the Devil up a tree to fetch an apple and then carved the sign of the cross on the bark to prevent him from coming down. Jack forced the Devil to promise to never seek his soul. When Jack died, he could not get into Heaven because he was cruel on Earth. The Devil did not want him, so he wandered the earth, lighting his way with a hallowed out turnip with a glowing lump of coal inside.



This Month in History

October 1, 1908 Henry Ford's Model T, a "universal car" designed for the masses, went on sale for the first time.

October 2, 1967 Thurgood Marshall (1909-1993) was sworn in as the first African American associated justice of the U.S. Supreme Court. He served until 1991 and was known for opposing discrimination and the death penalty, and for championing free speech and civil liberties.

October 3, 1863 President Abraham Lincoln issued a Proclamation designating the last Thursday in November as Thanksgiving Day

October 4, 1965 Pope Paul VI became the first Pope to visit the U.S. And address the United Nations.

October 5, 1964 The largest mass escape since the construction of the Berlin Wall occurred as 57 East German refugees escaped to West Berlin after Tunneling Beneath the wall.

October 6, 1927 The First "talkie" opened in New York. The Jazz Singer starring Al Jolson was the first full-length feature film using spoken dialogue.

October 7, 1775 The Stamp Act Congress



convened in New York with representatives from nine of the colonies meeting in protest to British Stamp Act which imposed the first direct tax on Americans.

October 13, 1775 The U.S. Navy was born after the Second Continental Congress authorized the acquisition of a fleet of ships.

October 14, 1964 Civil rights leader Martin Luther King, Jr., became the youngest recipient of the Nobel Peace Prize. He donated the 54,000 in prize money to civil rights movement.

October 31 Halloween or All Hallows' Eve, an ancient celebration combining the Christian festival of all saints with Pagan autumn festivals



Cathy's Miscellaneous

Pumped about Pumpkins!

Many people enjoy getting together to crave pumpkins for Halloween or attending pumpkin festivals to celebrate their harvest. Who doesn't have a fond memory when it comes to pumpkin pie and the holidays? School children take field trips to pumpkin patches and every autumn we see roadside farm stand selling pumpkins.

But pumpkins are more than just decorative items and a key ingredient to some tasty holiday cooking, they are an interesting fruit. Here are some cool facts about pumpkins and I bet you didn't know them all.

Pumpkins are really squash.

Pumpkins are really a fruit.

Bet you don't know what a munchkin is ?

A munchkin is really a variety of pumpkin .

Pumpkin ridges are called ribs.

Antarctica is the only continent pumpkins can't grow in

Pumpkins are a good source of fiber.

LIBBY'S pumpkin is canned the same day it is har-



Resident Council Words of Wisdom

Love one and another as he or she is your family member .

Treat people as you want to be treated.

Always respect one and another

The Resident Council

Want to wish everyone a safe and Happy Halloween .

"Be spontaneous. Though risky, it opens up a world of exciting possibilities"- Anonymous



"Befriend people who bring out the playful side of you. They are a gift beyond measure."- Anonymous

Lorri's List

WELCOME

New Admissions

Doris M Grove 9-24-09

Donald Geiselman 9-30-09



Discharged to Home

Kevin Joyner 9-29-09

Lowanda Lewis 9-30-09

Birthdays

Happy Birthday

Mary Andersen 10-24-09

Marie Brooks 10-24-09

Elizabeth Reynolds 10-27-09

Ronald Tetrick 10-27-019



Upcoming Events

Residents Birthday Party 2:00 10-11-09

Kitchen Band 2:00 pm 10-12-09

AARP Bingo 2:00 pm 10-13-09

Fall Cook Out Family Council 10-16-09

Joyful Sounds 2:00 pm 10-19-09

Tom Eversole 2:00 pm

Music with Virginia 2:00 pm 10-26-09

Residents hand out Halloween Candy to the community 10-30-09 6:00 pm to 8:30

Halloween Party 10-31-09 3:00 pm



Gifty's Goodies

Gifty continues to do meals on wheels and enjoys doing this service for our community. We hope that everyone that receives this service enjoys their meals as much as we enjoy making them.



Dennis's Dilemmas

Happy Halloween

Don't forget to take a flash light trick or treating to light your way.

Wear bright clothing trick or treating so cars can see you .



Geoff's Comments

Remember that it is flu season. Don't forget to get your flu shot.



Sherry's Celebrations

Remember the holiday season is

approaching us don't forget to mark your calendar for all the fun events were going to have in the up coming months .

I will be sending out invites to all the family members for the parties and

dinner we will be having over the next couple of months .

Harvest time

I welcome these crisp autumn days, this abundant harvest time . When boughs are bent with apples and pumpkins cling to vines. The taste of hot, mulled cider. Pungent wood smoke in the sky

that flows like long gray ribbons from chimneys reaching high.

The last bright leaves have fallen.

Now hills are crimson-gold. I watch breathtaking splendor as harvest time unfolds.

Written by: Marianna Jo Arolin



Administrative Staff

TERRE HAUTE NURSING AND REHAB.

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Activity Director: Sherry Elrod

Social Service & Admission Director: Lorri Hollingsworth

Rehab Director: Jennifer Johnson

Maintenance & Housekeeping Director: Dennis Neal

Were on the web. Terre haute
Nursing and rehab. com



Extra!! Extra!! Read all about It...

The staff at the Terre Haute Nursing and Rehab. would like to thank all the AARP Staff for all their hard work.

AARP Staff

Patricia Owens

Mary Nelson

Carolynn Hoover

Cheryl Edmonson

Mary Porter

Judith Jackson

Estella Smith

We appreciate your giving hearts that are being filled with love for our residents!



Did you know that

One cup of pumpkin puree has zero cholesterol.

Pumpkins have been grown in America for over 5,000 years.

Pumpkins seeds ere used for medicine by Native American Indians.

The largest pumpkin ever grown weighed 1,469 pounds.

There is an annual pumpkin throwing competition called Punkin Chuckin'.

It takes place in Morton Illinois and the throwing is done by big mechanical throwers. They are Pumpkin Modulators that are like air cannons.

Pumpkin flowers are edible.

The world's larges pumpkin pie weighed 2,020 Pounds and measured more than 12 feet ! It took 5 Hours to bake and produced over 3000 slices!

New letter written by: Sherry Elrod

Cathy Cox, Becky Miner

Edited by :Becky Miner